



WEEKLY MEAL PLANNER

MONDAY

Quick pork fajitas served with salad

<https://kidspot.co.nz/recipe/quick-pork-fajitas/>

TUESDAY

Healthy butter chicken served with rice

<https://kidspot.co.nz/recipe/healthy-butter-chicken/>

WEDNESDAY

Crispy fish tacos with mango salsa

<https://kidspot.co.nz/recipe/crispy-fish-tacos-mango-salsa/>

THURSDAY

Veggie packed beef burgers

<https://kidspot.co.nz/recipe/veggie-packed-beef-burgers/>

FRIDAY

Friday night pizza frittata served with salad

<https://kidspot.co.nz/recipe/friday-night-pizza-frittata/>

SATURDAY

Curried sausages served with mashed potatoes

<https://kidspot.co.nz/recipe/ummy-curried-sausages/>

SUNDAY

Spaghetti Bolognese with hidden veggie sauce

<https://kidspot.co.nz/recipe/hidden-vegetable-pasta-sauce/>

NOTES

SHOPPING LIST